You with the sad eyes  
Don't be discouraged, oh I realize  
It's hard to take courage  
In a world full of people  
You can lose sight of it all  
The darkness inside you  
Can make you feel so small

Show me a smile then  
Don't be unhappy  
Can't remember when  
I last saw you laughing  
This world makes you crazy  
And you've taken all you can bear  
Just call me up  
Cause I will always be there

And I see your true colours  
Shining through  
I see your true colours  
And that's why I love you

So don't be afraid to let them show  
Your true colours  
True colours are beautiful  
I see your true colours  
Shining through (true colours)  
I see your true colours  
And that's why I love you  
So don't be afraid to let them show  
Your true colours  
True colours are beautiful (they're beautiful)  
Like a rainbow  
Oh oh oh oh oh like a rainbow

Ooh can't remember when  
I last saw you laughing  
Ooh oh oh oh  
This world makes you crazy  
And you've taken all you can bear  
Just call me up  
Cause I will always be there

And I see your true colours  
Shining through  
I see your true colours  
And that's why I love you  
So don't be afraid (don't be afraid)   
To let them show your true colours  
True colours are beautiful (you're beautiful, oh)  
Like a rainbow  
Oh oh oh oh oh like a rainbow  
Mmm mmm