



# Barley Lane Newsletter

11th November 2022 - Issue 5

*"Believe in yourself, Learn together, Persevere and Succeed"*



## Barley Lane Fireworks Extravaganza

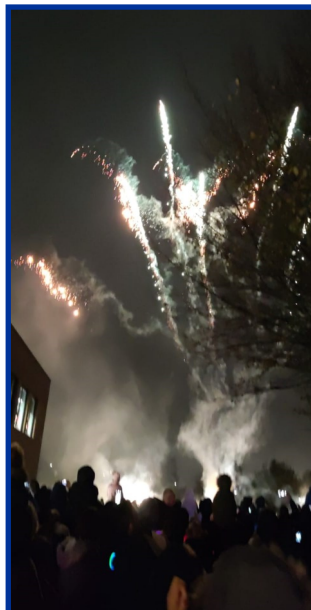
Our fireworks extravaganza was such a fabulous event! The evening was sold out with 2,500 people attending. A huge thank you to everyone that attended, it was our biggest ever!



The event was put on with the help of volunteers made up of Barley Lane parents and carers, teachers, school staff and local residents. Without them we couldn't do it and we appreciate everything they do from the planning, set up on Friday to the 'Big Clean Up' on Sunday and many extras.

You can watch our display on YouTube here

<https://youtu.be/T5f4e37BxS8>



Please be reminded that children must not bring sweets or fizzy drinks into school. Thank you.

## Parent Forum

Thank you to the parents that attended the parent forum this week.

We were discussing how, as a school, we are working on sustainability, given the growing cost of living and negative climate changes.

Ideas that we shared:

Switch off fortnight

Reducing paper usage

Developing an outdoor classroom

Developing the growing areas around school

Enjoying nature and the outdoors.

Save the soil initiative

We need your help, support and ideas.

If you have any ideas, or connections in the local or wider community that could help us to drive sustainability, please contact Mrs Rogers or Mrs Knight at the school.

Our next meeting will be on **Tuesday 15th November 6pm** on Zoom. The zoom link has been sent by email. If you would like to add an item for the parent forum agenda please send an email to [parentforum@barleylane.redbridge.sch.uk](mailto:parentforum@barleylane.redbridge.sch.uk).



## Year 2 Local Area Trip

As part of our Geography curriculum, Year 2 enjoyed a walk in the local area. Children could identify roads and key places and were able to then draw detailed labelled maps too. Well done Year 2!

Thank you to all the parent volunteers who accompanied the classes.



## BLPSFA Team Meeting

Monday 14th November  
10am - 11.30am  
Tech Room or via zoom

Join Zoom Meeting  
Meeting 864 834 1719 Passcode e9XX0r



Join us as we have an event debrief and quarterly review. We will also be discussing future plans. We'd love to see you there.

## World Cup Non Uniform Day & Lunch

To celebrate this years World Cup we will be having a non uniform day with a special world cup lunch. Children should wear the colours of the team their class is representing on **Thursday 24th November**. Cost of the day will be £1 which will go towards new books for school. The lunch does not need to be booked in advance - children can order as usual during registration.



Nursery - Australia	5C - Wales
Red - USA	5F - Japan
Blue - France	5R - Iran
Yellow - Poland	5T - Spain
Green - Serbia	6R - Tunisia
1A - Costa Rica	6M - Germany
1R - Netherlands	6N - Senegal
1D - Cameroon	6J - England

1M - Ecuador
2A - Croatia
2H - Mexico
2B - Belgium
2W - Uruguay
3A - Argentina
3B - South Korea
3G - Qatar
3M—Saudi Arabia
4C - Canada
4D - Brazil
4K - Ghana
4F - Morocco

**Special Menu**  
**World Cup Day**  
24th November

**TICKET**

BBQ Chicken Wrap (c)  
Halal BBQ Chicken Wrap (c)

Pitch Side Veggie Hot Dogs (c,se) ve  
Linesmen Fajita Spiced Wedges ve  
Crunchy Autumn Slaw (SL) ve  
Golden Footballs - Rice Krispie Syrup Cakes ve

Also available - Baked Jacket Potato with Baked Beans ve or Cheese (MK) v

**0:2**

**pabulum**  
HONESTLY GOOD FOOD

DMS Halal Non Barley Lane  
V - Suitable for vegetarians  
ve - Suitable for vegans & vegetarians  
Kosher Kos  
CENTRAL LETTERS - c=chicken, h=halal, se=sausages, k=kebab, m=meat, r=rice, s=spiced, sl=slaw, t=taco, v=vegan, ve=vegetarian, w=wednesday, y=yellow, z=zucchini  
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## Dates For Your Diary

### November 2022

Tues 15th	Open Day for Prospective Parents 9.30am/5pm
Tues 15th	Parent Forum Zoom 6pm
Wed 16th	'Let's Make Something from Nothing' Parent Session 9-11am (BLPSFA)
17th&18th	Stone Age Workshop Year 3
Fri 18th	Day Glow Day (Non Uniform)
18th-25th	Sustainability Workshop Year 1
18-25th	Sustainability Workshops Y1-Y6
Tue 22nd	Local Church Visit Year 5
23rd&24th	Flu Vaccinations Reception-Year 6
23rd & 24th	Trip to Mander Year 3
Mon 28th	First Aid Workshops Year 5 Year 2 SATs Parent Information Eve 4pm
Tues 29th	Coffee Morning 9am Junior Hall
Wed 30th	1R & 1A Nativity Performance 9.30am

### December 2022

Thu 1st	1D & 1M Nativity Performance 9.30am
Fri 2nd	Road Safety Workshop Year 5
Mon 5th	Yellow Class Nativity Performance 9.30am Red Class Nativity performance 2pm
Tues 6th	Blue Class Nativity Performance 9.30am Green Class Nativity performance 2pm
Wed 7th	Coffee Morning 9am Junior Hall
Thur 8th	Nursery AM Nativity Performance 10am Nursery PM Nativity Performance 2pm
Wed 14th	"Lets Be Kind to Ourselves" Parent session 9-11am BLPSFA
Thur 15th	Habitats Workshop Year 4
Tues 20th	Last Day of Term

Term Dates for 2022-23 can be found [here](#).

## Let's get crafty...

Wednesday 16th November  
9am - 11am  
Meet at the school office

We'll be creating crafts from things found around the house.

Craft you can do with your children with no extra expense.



## Scared of your partner or a family member?

Call Reach Out for help and support with domestic abuse in Redbridge

Reach out is a support service for adults who are experiencing abuse. We provide emotional help and support plus practical advice on housing, finance and benefits.

email [reachout@redbridge.gov.uk](mailto:reachout@redbridge.gov.uk)  
[www.redbridge.gov.uk/reachout](http://www.redbridge.gov.uk/reachout)

London Borough of Redbridge

Reach Out  
0800 145 6410

Weekdays  
9am-5pm

If it's an emergency  
call 999



## Online Safety

At the beginning of every half term we always have a focus on online safety to raise awareness about how to be safe online.

Please find the lesson names below as to what your children have learnt about this half term. Why not have a chat with your child about what they have learn in this unit? What does it mean to be kind and thoughtful online? What are digital friends?

Year 1:

### **We are Kind and Thoughtful**

In this unit, children will begin to understand that behaviour online can affect people in the same way that it does in real life.

Year 2:

### **We are not online bullies**

In this unit, children will begin to understand what is meant by online bullying and its consequences.

Year 3:

### **We are digital friends**

In this unit, children develop their understanding of online bullying.

Year 4:

### **We are standing up to peer pressure**

In this unit, children will understand that access to the internet is not the same among all people and that peer pressure can be both positive and negative.

Year 5:

### **We are responsible for our online actions**

In this unit, children will understand that we must take responsibility for our own actions regardless of what others are doing.

Year 6:

### **We will not share inappropriate images**

In this unit, children will learn about the consequences of sharing nude selfies.



## Prospective Parents Open Day

There will be an opportunity for prospective 2023 Reception parents to visit the school on **Tuesday 15th November** at 9.30am & 5pm. No need to book, please enter through the school office.

## Day Glow Day - Non Uniform Day

This year's Dayglow Day will take place on **Friday 18<sup>th</sup> November** and we will be having a non-uniform day.

It would be brilliant if as many pupils as possible in Barley Lane could make their mark by coming to school wearing something really bright, and also to brighten their bike or sparkle their scooter so that they can be seen more easily on the street when travelling in to school.

It's now getting darker much earlier in the evenings. We encourage children to Be Bright and Be Seen when they are out and about, by making them more visible to drivers in order to prevent road accidents, especially during the winter months.

We are hoping that Dayglow Day will capture their imaginations and that they will turn up at school positively shining - in fact the brighter the better! everyone can join in, from The youngest to the oldest!



## KS1 Library Grand Opening

Our newly refurbished EYFS and KS1 library was officially opened today! Children were introduced to our new underwater water themed library space. Classes will visit the library each week during the school day to choose a book to read and share at home. Your child's teacher will inform you of your allocated library day. Please remember to look after books and return them each week.

Thank you to everyone that was involved in creating our new library.



## Attendance and New Pupils

Welcome to the following children who have recently joined our school:



Sofia, Adam, Samaara

Best Attendance week beginning 31st October:

Green - 97%      2H - 97%      3A - 97%

5C - 99%      6N - 97%



## What Parents & Carers Need to Know about

# HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

### 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people you know and trust, and why passwords should always remain a secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just when they've used it to behave normally, or out of character? Possible signs of a problem may include seeming upset or withdrawn; being nervous, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, if you take it while before your child is ready to open up about what happened, just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to:  
 Childline: talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)  
 National Bullying Helpline: counsellors are available on 0845 225 5767 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)  
 This space: the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'taking the heat' for them. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place on social media or online games. If it is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority of course, but young people should also feel empowered to help if they witness others being bullied. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any explicit images whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### Meet Our Expert

Dr Claire Sutcliffe is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



## Anti Bullying Workshop

This week children in KS2 had an anti bullying workshop.

*"We acted out different scenarios and learnt how to deal with them. I understood that if I was ever in need to reach out, I could tell a parent, guardian ChildLine or a close friend"*  
 Anjana 6N

*"I found the workshop quite fun. We watched a video and had to act out what happens next. It was my favourite workshop"* Haider 6J



## Year 6 Citizenship Trip

This week Year 6 children walked to the Army Reserve Centre in Ilford for a Junior Citizenship Workshop.

*"Today, Year 6 (and some parents) went on a trip to Ilford for the Citizenship Workshop. Inside we completed various tasks such as how to help an unconscious person and learning about the horrific dangers of fire. We were graded on our understanding of the topics and our behaviour. We also won prizes! Although some people were disappointed that they didn't win a prize, many understood that the experience was the prize."*

Rushda 6N

## Poems For The Planet



This is an initiative to help save energy and reduce our school's electricity consumption which in turn will contribute to the reduction of greenhouse gases and climate change. We can all do 'our bit' and all classes will be taking part.

Please talk to your children about climate change, what it is and what is causing it. Some good websites for this are -National Geographic Kids ; NASA Climate Kids ; The Pod



Next week is road safety week - click [here](#) for more information on how to keep safe on the roads.



# VICTORIAN CHRISTMAS

AT

# VALENTINES MANSION

**FREE Entry** **FREE face painting for children**

Saturday 3 Dec 12pm-9pm ★ Sunday 4 Dec 12pm-6pm

Craft Stalls ★ Festive Music  
 Children's Activities ★ Raffles  
 Artists' Open Studios  
 Refreshments

[www.valentinesmansion.com](http://www.valentinesmansion.com)